

VCCL Results - Duncan Whitford

Member number: 94

Races: 80; Wins: 2 (2.5%); Top Ten: 16 (20.0%)

Active from 2006 to 2016

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
12/05/2007	Helmut & Maija Prentler Handicap	37	8	34:09	18	4:30		29:39	4:30	4:16
20/05/2007	Caruana Cross Country Classic	46	8	33:57	20	5:00		28:57	3:06	4:15
17/06/2007	31st Anniversary Bob Cook Memorial Handicap	35	10	42:31	21	6:25		36:06	2:30	4:15
15/07/2007	Eric Greaves Memorial Handicap	21	10	40:32	22	6:45		33:47	1:37	4:03
05/08/2007	VCCL John Cleland Handicap	16	8	31:44	24	6:00		25:44	1:59	3:58
12/08/2007	George Perdon Handicap	2	16.09	1:03:50	24	12:00		51:50	0:07	3:58
16/09/2007	42nd Annual Norm Charles Handicap	1	10	38:54	24	7:20		31:34	0:00	3:53
06/04/2008	Fred Grubb Memorial Handicap	28	6.5	26:14	18	3:35		22:39	2:26	4:02
13/04/2008	Moran Stable Handicap	32	5	19:50	18	2:45		17:05	1:37	3:58
20/04/2008	Rendina Family Handicap	42	8	33:21	18	4:30		28:51	4:03	4:10
27/04/2008	Helmut & Maija Prentler Handicap	40	8	32:57	19	4:45		28:12	3:48	4:07
18/05/2008	Combined VCCL/GCCC Handicap	21	10	40:24	19	5:50		34:34	3:23	4:02
01/06/2008	VCCL Ted Paulin Handicap	54	8	33:10	19	4:45		28:25	4:09	4:09
20/07/2008	Eric Greaves Memorial Handicap	28	10	41:03	20	6:05		34:58	3:02	4:06
03/08/2008	43rd Annual Norm Charles Handicap	37	10	41:36	20	6:05		35:31	4:27	4:10
17/08/2008	George Perdon Handicap	18	16.09	1:05:28	21	10:30		54:58	4:24	4:04
31/08/2008	Independant Signs Handicap	22	10	41:44	21	6:25		35:19	2:41	4:10
14/09/2008	Westgate Bridge Memorial Handicap	27	5	19:30	21	3:10		16:20	1:29	3:54
15/05/2011	Fred Grubb Memorial Handicap	26	6.5	25:37	15	3:00		22:37	3:26	3:56
29/05/2011	Rendina Family Handicap	34	8	32:32	22	5:30		27:02	2:58	4:04
05/06/2011	Caruana Cross Country Classic	40	8	33:24	23	5:45		27:39	3:32	4:11
03/07/2011	VCCL 5x3km Relay Challenge	33	3	12:03	23	2:18		9:45	1:09	4:01
24/07/2011	Eric Greaves Memorial Handicap	28	10	42:45	24	7:20		35:25	4:51	4:17
31/07/2011	46th Annual Norm Charles Handicap	33	10	42:51	18	5:30		37:21	5:40	4:17
14/08/2011	Hash House Harriers Handicap	28	8	32:20	25	6:15		26:05	2:51	4:03
21/08/2011	George Perdon Handicap	17	16.09	1:08:22	25	12:30		55:52	5:04	4:15
22/04/2012	Moran Stable Sealed Handicap	8	6.5	25:49	23	4:35		21:14	1:34	3:58
06/05/2012	Rendina Family Handicap	13	8	31:15	23	5:45		25:30	1:40	3:54
20/05/2012	Caruana Classic Handicap	19	8	31:33	23	5:45		25:48	1:36	3:57
03/06/2012	VCCL 5x3km Relay Challenge	24	3	11:57	23	2:18		9:39	0:40	3:59
17/06/2012	Eaglehawk To Bendigo Handicap	35	6.4	25:20	24	4:50		20:30	2:10	3:58
22/07/2012	47th Norm Charles Handicap	17	10	40:43	25	7:35		33:08	2:49	4:04
29/07/2012	14th Eric Greaves Memorial Handicap	5	10	40:20	26	7:55		32:25	0:50	4:02
05/08/2012	VCCL Tony Moran Legend Handicap	8	8	32:01	26	6:30		25:31	0:27	4:00
19/08/2012	17th George Perdon Handicap	4	16.09	1:06:12	26	13:00		53:12	2:20	4:07
02/09/2012	Coburg Lake Classic	22	6.5	26:40	27	5:25		21:15	2:24	4:06
09/09/2012	Churchill Park Classic	11	8	32:29	27	6:45		25:44	1:08	4:04
14/04/2013	Fred Grubb & Robert Charlton Memorial	19	6.5	26:57	25	5:00		21:57	1:55	4:09
05/05/2013	18th Caruana Cross Country Classic	26	8	32:16	25	6:15		26:01	1:47	4:02
19/05/2013	24th Rendina Family Handicap	24	8	32:51	25	6:15		26:36	2:06	4:06
26/05/2013	4th 5x3km Relay Challenge	21	3	11:33	0	2:30		9:03	0:36	3:51
23/06/2013	20th Independent Signs Handicap	24	10	42:18	26	7:55		34:23	3:13	4:14
14/07/2013	Churchill Park Handicap	19	6.5	27:17	26	5:10		22:07	1:26	4:12
21/07/2013	15th Eric Greaves Memorial	19	10	42:09	26	7:55		34:14	2:08	4:13
28/07/2013	Jayen Engineers Woodlands Classic	27	5	20:05	27	4:05		16:00	1:22	4:01

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
04/08/2013											

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
	18th George Perdon Handicap									

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
			16.09								

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
				1:07:49							

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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13:30

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
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54:19

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
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1:48

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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4:13

VCCL Results - Duncan Whitford

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
18/08/2013	2nd Kyneton Ridge Estate Winery	22	6.5	27:35	27	5:25		22:10	1:45	4:15
25/08/2013	14th Westgate Bridge Handicap	26	5	20:23	27	4:10		16:13	1:33	4:05
08/09/2013	48th Norm Charles Handicap	14	10	40:42	28	8:30		32:12	3:25	4:04
15/09/2013	President's Handicap	18	6.5	27:18	28	5:35		21:43	1:33	4:12
04/05/2014	Fred Grubb & Bob Charlton Memorial	2	6.5	25:28	28	5:35		19:53	0:16	3:55
25/05/2014	25th Rendina Family Handicap	4	8	32:18	28	7:00		25:18	0:31	4:02
01/06/2014	19th Caruana Cross Country Classic	5	8	30:52	28	7:00		23:52	1:28	3:52
08/06/2014	Family Feud Sealed Handicap	4	5	19:13	28	4:15		14:58	0:27	3:51
29/06/2014	21st Independent Signs Handicap	3	10	40:36	28	8:30		32:06	0:51	4:04
06/07/2014	Austbrokers Phillips Handicap	1	8	32:00	28	7:00		25:00	0:00	4:00
13/07/2014	Myrniong Handicap	17	6.5	26:39	24	4:50		21:49	1:21	4:06
03/08/2014	2nd Jayen Engineers Handicap	38	5	19:54	24	3:40		16:14	1:55	3:59
10/08/2014	19th George Perdon Handicap	13	16.09	1:07:08	24	12:00		55:08	2:55	4:10
31/08/2014	49th Norm Charles Handicap	26	10	42:18	25	7:40		34:38	3:15	4:14
21/09/2014	Presidents & Ted Paulin Handicap	28	6.5	27:40	24	4:50		22:50	2:38	4:15
19/04/2015	Fred Grubb & Bob Charlton Memorial	12	6.5	25:46	24	4:50		20:56	1:08	3:58
21/06/2015	16th Westgate Bridge Handicap	38	5	20:28	25	3:45		16:43	1:48	4:06
28/06/2015	22nd Independent Signs Handicap	22	10	43:29	25	7:40		35:49	4:50	4:21
19/07/2015	17th Eric Greaves Memorial	26	10	41:25	25	7:35		33:50	2:45	4:09
02/08/2015	20th George Perdon Handicap	13	16.09	1:07:44	26	13:00		54:44	3:13	4:13
16/08/2015	31st Helmut & Maija Prentler Handicap	23	6.5	27:15	26	5:10		22:05	1:52	4:12
30/08/2015	50th Norm Charles Handicap	25	10	41:28	27	8:15		33:13	3:34	4:09
17/04/2016	Fred Grubb & Bob Charlton Memorial	16	6.5	27:37	26	5:10		22:27	1:59	4:15
01/05/2016	27th Rendina Family Handicap	13	8	33:02	29	7:15		25:47	1:07	4:08
05/06/2016	21st Caruana Cross Country Classic	10	8	32:49	29	7:15		25:34	1:19	4:06
26/06/2016	23rd Woodlands Handicap	24	10	45:57	27	8:15		37:42	6:30	4:36
21/08/2016	21st George Perdon Handicap	10	16.09	1:09:28	28	14:00		55:28	3:07	4:19